

IAM, IBEW, and M&S Lifestyle-Based Premium

Spirit Benefits Team

July 1, 2017



Plan Qualifiers

- This information is applicable for the following employee populations:
 - Wichita IAM
 - Kinston IAM
 - IBEW
 - Management & Salaried
- Qualification Period 7/1/17 to 1/31/18 with look back to 2/1/17
 - Qualifications must be met while a Spirit employee
- Lifestyle-Based Premium Plan is not applicable to Retiree medical plans or the orange medical plan.

Lifestyle-Based Premium Plan

Minimum Requirements

- ❑ Complete your Rally Health Assessment
- ❑ Complete your onsite biometric screening or annual screening form

AND, AT LEAST TWO OF THE FOLLOWING:

- ❑ Complete two Healthy Spirit Activities*
- ❑ Receive a flu shot (onsite or at your physician's office)
- ❑ Complete a routine vision exam
- ❑ Spousal completion of annual screening form
- ❑ Complete a preventive dental exam
- ❑ Participate in a tobacco cessation program
(Pfizer Get-Quit program)

- *Examples of Healthy Spirit Activities:
 - Groove Challenge
 - Financial Wellness Workshops
 - Race or walks: Tour De Cure, 10K Wichita River Run, 5k Race for Freedom.
 - Other walks, 5 or 10K races must be pre-approved by contacting [Group Benefits](#).
 - Each category is worth only one point